

Foothills Prosthetics

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CROW Walker (Charcot Restraint Orthotic Walker)

A CROW Walker is prescribed for patients who have ulcers or insensate feet (limited sensation). The CROW Walker is constructed of two pieces; the outer shell/ boot covers the entire foot and calf of the leg, much like a ski boot would. The inside is fully padded with a removable insert that can be changed or adjusted. Although it can be somewhat bulky, a CROW Walker gives significant support by preventing foot and ankle movement. A shoe is not worn on the CROW walker.



Wearing a CROW Walker

1. Always wear thin, seamless cotton sock or cotton stocking that is as tall as the CROW Walker.
2. Place the heel squarely in the bottom of the footplate and make sure the heel is all the way back.
3. Apply the front section of the orthosis, making sure that the sides overlap the bottom section.
4. Apply the instep strap on the front side of the ankle, and then fasten all the remaining straps.
5. Be sure to wear proper footwear on the opposite foot at all times

On the first day, only wear the brace for one hour at a time. After one hour, remove the brace and check skin for redness. Some small, light red marks may be noticed, but should go away within thirty minutes. If the red marks persist, or if there is any scratching, bruising, or blistering, do not put the brace back on. Call immediately to schedule an appointment. As long as the skin appears normal, wait one hour before putting the brace on again. Continue to put the brace on for an hour at a time for the first day, always checking the skin after each hour.

On the second day, wear the brace for two hours before removing it to check the skin for redness. If the skin appears normal, continue putting the brace on for two hours at a time, checking the skin after each two hour segment. If the skin remains normal, gradually increase the wearing time by an hour each day, always checking the skin after each wearing time.

Daily Care

To clean the inside of the CROW walker, spray rubbing alcohol on the interior and wipe it dry. A damp towel or antibacterial soap may also be used. Do not immerse in water and or expose it to excessive heat.

Please complete our satisfaction survey

FoothillsProsthetics.com/survey.html

If at any time your if you have any questions or concerns about your BE Prostheses, please contact Foothills Prosthetics

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